



# Department of Psychiatry Grand Rounds

April 15, 2025

## *“Failure to Launch: Getting Back on the Runway to Adulthood”*

8:00 am – 9:00 am

**HYBRID EVENT**

**Dana Center Auditorium**

Presented by:

**Graduating Fellow**

**Matthew Kark, DO**

Child and Adolescent Psychiatry  
Department of Psychiatry,  
MaineHealth Maine Medical Center Portland

Participants will be able to:

- Conceptualize Non-Emerging Adulthood based on several different psychosocial and developmental theories
- Recognize multifactorial contributors to delayed independence including psychiatric comorbidities, family dynamics, and sociocultural and economic factors.
- Review treatment targets and therapeutic interventions from a systemic lens

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